

BENSONS

#BENSONSBELGRAVE

@BENSONS.BELGRAVE

WWW.BENSONSCAFE.COM

BREAKFAST (ALL DAY)

BIG BREKKY 23.90
POACHED EGGS, BACON, MUSHROOMS, CHORIZO, POTATO ROSTI & GRILLED TOMATO ON TOASTED SOURDOUGH | GFO

GOODNESS BREKKY 20.90
SPINACH, GREEN BEANS, PERSIAN FETA, ROASTED PUMPKIN, W/ POACHED EGGS AND DUKKAH ON TOASTED PUMPKIN BREAD | V, V*O

BENSONS BENNY 16.90
POACHED EGGS, CRISPY BACON OR SMOKED SALMON OR CHORIZO WITH SPINACH & HOLLANDAISE ON TOASTED SOURDOUGH | GFO

AVO SMASH 19.90
SMASHED AVOCADO, SPINACH, PERSIAN FETA, BEETROOT PUREE, POACHED EGGS & ALMOND DUKKAH ON TOASTED PUMPKIN BREAD | V, GFO

CHILLI SCRMBLED EGGS 19.90
SERVED W/ BACON, SPINACH, CHILLI, SRIRACHA & CHEESE ON TOASTED PUMPKIN BREAD | VO, GFO

EGGS ON TOAST 12
2 EGGS YOUR WAY (POACHED, SCRAMBLED OR FRIED) ON TOASTED SOURDOUGH | V, GFO

BUTTERMILK PANCAKES (2 STACK) 17.50
MAPLE SYRUP, MASCARPONE, MIX BERRIES, PEACHES & NUT CRUMBLE SERVED W/ ICE CREAM | V

SOMETHING LIGHT

HEALTHY SMOOTHIE BOWL 17.90
MIXED BERRY SMOOTHIE BASE TOPPED WITH KIWI, BANANA, TOSTED COCONUT FLAKES & HOMEMADE GRANOLA | GFO

GO GREEN SALAD 17.90
AVOCADO, MIXED QUINOA, LETTUCE, GREEN BEANS, SPINACH AND MIXED NUTS W/ FETA TOSSED THROUGH HOUSE DRESSING | GFO
ADD: CHICKEN/ GRILLED HALLOUMI/ SMOKED SALMON +4.90

FRUIT SALAD 15.90
SEASONAL FRUITS WITH HOME MADE GRANOLA TOPPED WITH COCONUT YOGHURT | GFO

VEGAN PORRIDGE 16.90
ROLLED OATS, COCONUT MILK, BAKED RHUBARB, CHIA, TOPPED WITH CRUSHED NUTS & DRIZZLED WITH ORANGE SYRUP

EXTRAS

Customise your meal with your favourite extras

TOMATO RELISH/HOLLANDAISE /AIOLI/HERB MAYO 2each

POTATO ROSTI /FETA/ GRILLED TOMATO 3.5 each

CHORIZO/ BACON/ MUSHROOM/ SPINACH / AVOCADO/ SMOKED SALMON / GRILLED HALLOUMI 4.90each

PUMPKIN BREAD/SOURDOUGH/ GLUTEN FREE 3.90each

BURGERS & SANDWICH

GRILLED CHICKEN BURGER 21.50
GRILLED CHICKEN TENDERS, BACON, CHEESE, TOMATO JAM, MIXED LETTUCE AND AIOLI
SERVED W/ CHIPS

WAGYU BEEF BURGER 23
HOMEMADE BEEF PATTIE, BACON, FRIED EGG, CARAMELIZED ONION, TOMATO, CHEESE, MIXED LETTUCE AND AIOLI
SERVED W/ CHIPS

HALLOUMI BURGER 21.50
GRILLED HALLOUMI, BACON, FRIED EGG, MIXED LETTUCE, TOMATO RELISH & MAYO
SERVED W/ CHIPS | VO

BLT SANDWICH 9
BACON, LETTUCE, TOMATO & AIOLI ON BRIOCHE BUN

EGG & BACON ROLL 9
FRIED EGG & CRISPY BACON W/ TOMATO RELISH IN A BRIOCHE BUN

HAM & CHEESE TOASTIE 9
SMOKED HAM AND CHEESE ON SOURDOUGH

SIDES

GARDEN SALAD 6
CHIPS (SM/LG) 4.9/8
SWEET POTATO FRIES (SM/LG) 5.5/9.5

Breakfast available all day

GF - Gluten free | V - Vegetarian | V* - Vegan
O - Meal can be made to suit dietary requirement upon request

Open 7 days a week

LUNCH (FROM 11:00AM)

"SPAG" ON TOAST 24.50
SPAGHETTI WITH NAPOLI ON SOUDOUGH TOAST, POACHED EGG, BASIL & PARMESAN | V

CHICKEN PARMA 24.50
CRUMBED CHICKEN TOPPED W/ HOUSE MADE NAPOLI SAUCE, HAM, MELTED MOZZARELLA SERVED W/ CHIPS & SALAD

CRISP POLENTA 20.90
CHARRED CORNS-SMASHED AVO, ROASTED TOMATO, POACHED EGG, POLENTA PRISMS TOPPED WITH FRESH HERBS AND SHAVED PARMESAN CHEESE | VO

LEMON PEPPER CALAMARI 21.50
FLASH FRIED CALAMARI W/ HOUSE SALAD, CHIPS & AIOLI

CORN & ZUCCHINI FRITTERS 20.90
W/ BACON, SMASHED AVOCADO, GRILLED HALLOUMI & POACHED EGG | VO

MOROCCAN LAMB SALAD 23.90
W/SEASONAL ROAST VEGGIES, SPINACH, CARAMELIZED ONION, FRESH TOMATO, DUKKAH WITH TZATZIKI | GFO

FISH OF THE DAY 25.90
CHECK OUR SPECIAL BOARD OR ASK OUT FRIENDLY STAFF
SERVED W/ GARDEN SALAD & CHIPS | GFO

BENSONS CAFE | EAT | DRINK | ENJOY